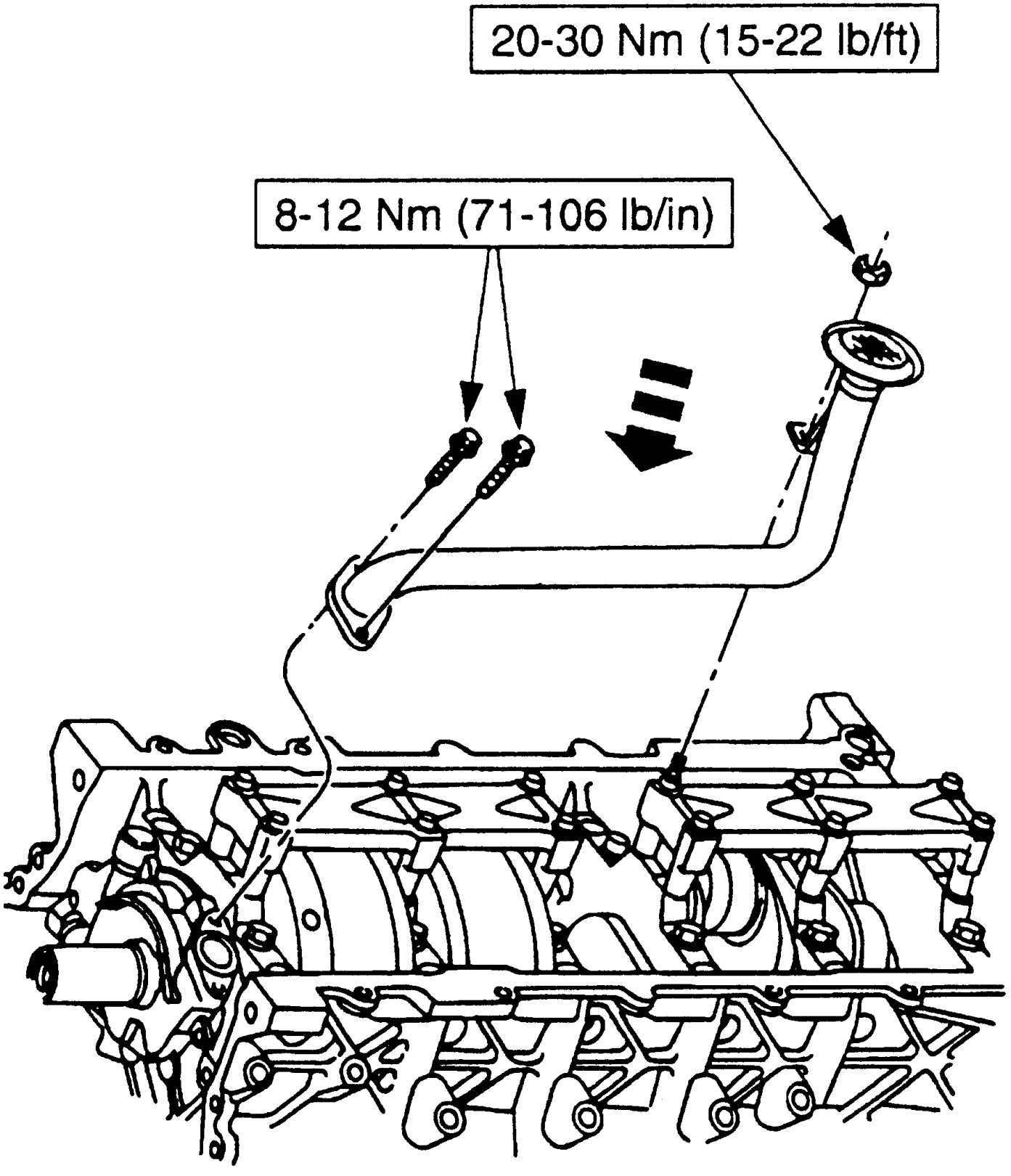
20-30 Nm (15-22 lb/ft)
8-12 Nm (71-106 lb/in)